

Pondicherry Institute of Medical Sciences  
(A Unit of The Madras Medical Mission)  
Dept. Of Obstetrics & Gynaecology

**2021 batch Theory Schedule - December 2025**

Competency No	Date	Timings	Competency	Teaching Learning Methods	Hours taken	Faculty 1
OG 12.5	01-12-2025	2-4 pm	<b>UTI in Pregnancy</b> •Clinical features •Asymptomatic Bacteriuria •Effect of pregnancy on the disease and effect of disease on pregnancy •Complications and management (pyelonephritis)	Lecture	2 hours	Dr. Meena
OG 12.5	03-12-2025	8-9 am	<b>Case discussion - liver disease in pregnancy &amp; uti in pregnancy</b> (MONIGAA SHRI M, MURALIDHARAN S, MUTHUNARAYANAN D, MYTHILI J S)	Case discussion	1 hour	Dr. Jenni
OG12.4	08-12-2025	2-4 pm	<b>Heart disease in pregnancy</b> •Cardiovascular changes in pregnancy •Predictors of cardiac complication and risk categorisation of cardiac disease	Lecture	2 hours	Dr. Meena
OG 12.4	10-12-2025	8-9 am	<b>Heart disease in pregnancy</b> - Antepartum, intrapartum and postpartum management of heart disease in pregnancy	Lecture	1 hour	Dr. Meena
OG 12.4	15-12-2025	2-4 pm	<b>Seminar - case discussion on Heart disease in pregnancy</b> (MYTHREYI ANBUCHENIAN, NAJIYA FATHIMA M, NAMIRA BEE THAMSUDEEN, NANDAKUMAR R)	Seminar	2 hours	Dr. Palo
OG 12.8	17-12-2025	8-9 am	<b>Rh Negative pregnancy/ Rh negative iso immunisation</b> •Mechanism of isoimmunisation •Antenatal care and prophylaxis •Antenatal fetal surveillance	Lecture	1 hour	Dr. Kiruba
OG 12.8	22-12-2025	2-4 pm	<b>Rh Negative pregnancy/ Rh negative iso immunisation</b> •Fetal complications •Management	Lecture	2 hours	Dr. Kiruba
OG 8.1	29-12-2025	2-4 pm	<b>Seminar - Previous LSCS</b> (NIKITHA ANIL, NILESH B G, NIRANJAN KA, NIVEDITA R)	Seminar	2 hours	Dr. Padma
OG 23.1	31-12-2025	8-9 am	<b>Case discussion - Normal ANC</b> (NIVEDITA RAVI, NIVETHYTHA S K, PAULINE TRISHA JERALD, PAVITHRA M)	Case discussion	1 hour	Dr. Sharmila



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2021- A batch Clinical Schedule

Competency No	Date	Day	Timings	Competency	Teaching Learning Methods	Hours taken	Faculty 1
OG 13.2	01-12-2025	Monday	09.15am-12pm	PROM & Post dated pregnancy - Causes, diagnosis, investigations, complications & management	small group discussion, Bedside clinic	2 hours 45min	Dr. Padma
OG 15.1	02-12-2025	Tuesday	10.15am-1pm	Operative Obstetrics - Indications, steps/technique and complications of vacuum & forceps delivery (including - demonstration of outlet forceps blade assembly and vacuum delivery demonstration)	small group discussion	2 hours 45min	Dr. Kiruba
OG 16.1	03-12-2025	Wednesday	10.15am-1pm	Post partum hemorrhage (Drill) - Prevention, causes, diagnosis and management	small group discussion, Bedside clinic	2 hours 45min	Dr. Pavithra
	04-12-2025	Thursday	10.15am-1pm	Previous LSCS	Bedside clinics	2 hours 45min	Dr. Niveditha
OG 24.1	05-12-2025	Friday	10.15am-1pm	<b>AUB</b> , Introduction & AUB - O - Aetiology, clinical features, investigations, diagnosis and management	small group discussion	2 hours 45min	Dr. Mary/ Dr. Sharmila

	08-12-2025	Monday	09.15am-12pm	Instruments & procedures	Small group discussion	2 hours 45min	Dr. Meena
	09-12-2025	Tuesday	10.15am-1pm	AETCOM - Viva dicussion Counselling for Emergency LSCS, MTP & Contraception	Small group discussion	2 hours 45min	Dr. Kiruba
	10-12-2025	Wednesday	10.15am-1pm	Maternal pelvis and fetal skull	Small group discussion	2 hours 45min	Dr. Palo
	11-12-2025	Thursday	10.15am-1pm	Family Planning & Drugs & Urinary catheterisation and IUCD insertion	Small group discussion	2 hours 45min	Dr. Niveditha
	12-12-2025	Friday	10.15am-1pm	<b>End of posting exam</b>	Small group discussion	2 hours 45min	<b>OG I &amp; III</b>

*Mary 09/12/25*

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2021- B2 batch Clinical Schedule

Competency No	Date	Day	Timings	Competency	Teaching Learning Methods	Hours taken	Faculty 1
OG 16.3	15-12-2025	Monday	09.15am-12pm	Intrauterine growth retardation (including fundal height less than POG discussion) - Causes, clinical features, diagnosis, fetal surveillance, (USG & fetal doppler), principles of management	Small group discussion, Bedside clinic	2 hours 45min	Dr. Padma
OG13.2	16-12-2025	Tuesday	10.15am-1pm	Preterm labour & PPROM - Causes, diagnosis, investigations & management	small group discussion, Bedside clinic	2 hours 45min	Dr. Mary / Dr. Sharmila
OG 13.2	17-12-2025	Wednesday	10.15am-1pm	PROM & Post dated pregnancy - Causes, diagnosis, investigations, complications & management	small group discussion, Bedside clinic	2 hours 45min	Dr. Nirmala
OG 16.1	18-12-2025	Thursday	10.15am-1pm	Post partum hemorrhage (Drill) - Prevention, causes, diagnosis and management	small group discussion, Bedside clinic	2 hours 45min	Dr. Meena
OG 24.1	19-12-2025	Friday	10.15am-1pm	<b>AUB</b> , Introduction & AUB - O - Aetiology, clinical features, investigations, diagnosis and management	small group discussion	2 hours 45min	Dr. Kiruba
OG 25.1	22-12-2025	Monday	09.15am-12pm	Primary & secondary amenorrhoea - Causes, investigation & principles of management	small group discussion, Bedside	2 hours 45min	Dr. Padma
	23-12-2025	Tuesday	10.15am-1pm	Family Planning & Drugs	Small group discussion	2 hours 45min	Dr. Sharmila
	24/12/2025 - 27/12/2025	Wednesday-Saturday	10.15am-1pm	Holiday			
	29-12-2025	Monday	09.15am-12pm	Maternal pelvis and fetal skull	Small group discussion	2 hours 45min	Dr. Niveditha
	30-12-2025	Tuesday	10.15am-1pm	<b>End of posting Exam</b>		2 hours 45min	OG I & III
	31-12-2025	Wednesday	10.15am-1pm	Urinary catheterisation and IUCD insertion	Small group discussion	2 hours 45min	Dr. Pavithra

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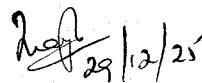
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## 2023 batch Theory Schedule - December 2025

Competency No	Date	Timings	Competency	Teaching Learning Methods	Hours taken	Faculty 1
OG 24.1	02-12-2025	9-10 am	<b>SEMINAR - AUB</b> (ARAVINTHAN KARTHIKEYAN, ARIVOLI A, ARMEL SAMSELVANATHAN A, ASHIKA CHERAMMEL KARAYI, ASHLIN JOSEPH CHEMBITHARA)	Seminar	1 hour	Dr. Mary
OG 26.1	06-12-2025	8-9 am	<b>Adenomyosis</b> - Etiopathogenesis, clinical features, investigations and management	Lecture	1 hour	Dr. Jenni
OG 26.1	09-12-2025	9-10 am	<b>Endometriosis</b> - Etiopathogenesis, clinical features, investigations and management	Lecture	1 hour	Dr. Kiruba
OG 24.1	13-12-2025	8-9 am	Endometrial causes for Abnormal uterine bleeding	Lecture	1 hour	Dr. Niveditha
OG 30.1	16-12-2025	9-10 am	<b>PCOS</b> - etiopathogenesis; clinical features; differential diagnosis; investigations; management, complications of PCOS	Lecture	1 hour	Dr. Nirmala
OG 31.1	20-12-2025	8-9 am	<b>Hyperandrogenism</b> - causes, investigations and management	Lecture	1 hour	Dr. Meena



29/12/25

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**2024 batch Theory Schedule - December 2025**

Competency No	Date	Timings	Competency	Teaching Learning Methods	Hours taken	Faculty 1
OG3.1	04-12-2025	8 -9 am	Physiology of ovulation, menstruation, fertilization, implantation and gametogenesis and its applied implications	Lecture	1 hour	Dr. Sharmila
OG7.1	11-12-2025	8 -9 am	<b>Maternal changes during pregnancy –</b> Changes in the cardiovascular system, respiratory system and hematology	Lecture	1 hour	Dr. Niveditha
OG7.1	18-12-2025	8 -9 am	<b>Maternal changes during pregnancy –</b> Changes in renal system and gastrointestinal system	Lecture	1 hour	Dr. Meena



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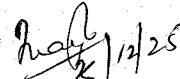
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**2024 batch Clinical Schedule**

Competency No	Date	Day	Timings	Competency	Teaching Learning Methods	Hours taken	Faculty 1
	01-12-2025	Monday	10.15am-1pm	<b>Introduction</b> <b>Definitions</b> - Commonly used definitions in Obstetrics & Gynaecology including important statistical terms	Small group discussion	2 hours 45min	Dr. Niveditha
OG6.1	02-12-2025	Tuesday	10.15am-1pm	Clinical features and differential diagnosis of pregnancy Principles underlying and interpretation of pregnancy tests	Small group discussion	2 hours 45min	Dr. Sharmila
OG 8.1 8.2 35.2	03-12-2025	Wednesday	10.15am-1pm	<b>Antenatal care and Obstetrical case history</b> Objectives of antenatal care, assessment of POG, determination of EDD & Obstetric formula	Bed side clinic	2 hours 45min	Dr. Nirmala
OG5.2 8.2	04-12-2025	Thursday	10.15am-1pm	<b>High risk pregnancy &amp; Obstetric case history</b> Identify pre-existing medical disorders and maternal high risk factors Obstetric history taking including menstrual history, Last	Bed Side Clinic	2 hours 45min	Dr. Meena
OG8.3	05-12-2025	Friday	10.15am-1pm	General & Obstetrical examination	Bed Side Clinic/DOAP	2 hours 45min	Dr. Kiruba

OG35.8 35.6	08-12-2025	Monday	10.15am-1pm	Complete obstetric case record writing Ethics in medical practice	Small group discussion	2 hours 45min	Dr. Niveditha
OG8.4	09-12-2025	Tuesday	10.15am-1pm	Monitoring of maternal and fetal well being	Bed Side Clinic	2 hours 45min	Dr. Sharmila
OG8.6	10-12-2025	Wednesday	10.15am-1pm	<b>Nutrition in pregnancy</b> General nutrition and specific nutritional requirements in high risk cases	Bed Side Clinic	2 hours 45min	Dr. Pavithra
OG8.5 14.1	11-12-2025	Thursday	10.15am-1pm	<b>Maternal pelvis</b> Diameters of maternal pelvis and types Pelvic assessment in a model	Bed Side Clinic/DOAP	2 hours 45min	Dr. Padma
	12-12-2025	Friday	10.15am-1pm	<b>Definitions</b> - Lie, presentation, presenting part, position, attitude & denominator <b>Fetal skull</b> - Engaging diameters	Bed Side Clinic/DOAP	2 hours 45min	Dr. Mary/ Dr. Sharmila

OG13.1	15-12-2025	Monday	10.15am-1pm	<b>Mechanism of labour</b> Physiology of normal labour, mechanism of labour in occipito posterior position	DOAP / Small group discussion	2 hours 45min	Dr. Meena
OG35.1	16-12-2025	Tuesday	10.15am-1pm	Gynaecology history taking	Bed Side Clinic	2 hours 45min	Dr. Kiruba
OG35.1	17-12-2025	Wednesday	10.15am-1pm	Gynaecological examination and relevant investigations	Bed Side Clinic	2 hours 45min	Dr. Nirmala
OG22.1 22.2	18-12-2025	Thursday	10.15am-1pm	<b>Leucorrhoea</b> Characteristics of physiological vaginal discharge Abnormal vaginal discharge - Etiology, clinical features, investigations & genital hygiene	Bed Side Clinic	2 hours 45min	Dr. Padma
	19-12-2025	Friday	10.15am-1pm	Normal & abnormal menstrual cycle	Bed Side Clinic	2 hours 45min	Dr. Sharmila

  
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